



Otex Ear Relief Spray is a medical device that is used for the prevention and treatment of uncomplicated infections of the external ear canal, as well as for managing water retention in the external ear canal. It contains acetic acid, isopropyl alcohol and d-panthenol and is recommended for individuals aged 12 years and older.

The product works by lowering the pH in the external auditory canal, creating unfavourable conditions for the growth of microorganisms and thus preventing the growth of bacteria that cause ear infections. It is also effective for managing water retention in the ear, as the isopropyl alcohol removes excess residual water that can damage the skin barrier. The d-panthenol in the formulation supports regeneration of the outer ear canal skin and reduces itching.

Otex Ear Relief Spray is recommended for:

- The treatment of mild infections of the external ear canal.
- Use in cases of water retention in the external ear canal that potentially occurs after swimming, diving, showering or even excessive sweating.
- Prevention of infection in swimmers and those prone to infections of the external ear canal.

Directions for use

Before first use, press the pump a few times until a uniform spray is released. Tilt your head to the side and apply 1 dose of Otex Ear Relief Spray into the ear, taking care to place the applicator lightly against the entrance of the ear canal. Keep your head tilted for 5 minutes to allow the product to act. Then straighten your head, allow the solution to drain, and gently wipe the ear. For children, gently pull the ear back before applying the spray.

In cases of infection of the external ear canal ("swimmer's ear") or when water is present in the ear, apply 1 dose of spray solution 3 times a day (adults may apply more if needed).

To prevent infections and water retention in the external ear canal, apply 1 dose of spray solution to the ear canal 2–3 times per week.



Advantages of using Otex Ear Relief Spray

- Due to its spray format, the product can be applied while standing or sitting, ensuring comfortable use.
- The spray distributes the solution evenly throughout the ear canal.
- Each dose delivers a precise and consistent amount of the preparation.
- No rinsing of the ears is required after application.

Contraindications, warnings and precautions

For use by a single patient only.

Do not use Otex Ear Relief Spray:

- In children under 12 years of age.
- In cases of suspected or confirmed perforation of the eardrum, absent eardrum or previous ear surgery.
- If there is an injury to the ear canal.
- For longer than 7 days.
- If you are hypersensitive or allergic to any of the product's ingredients.
- With hearing aids.

Otex Ear Relief Spray is a medical device not a medicine. If you experience worsening symptoms of ear pain or discharge, seek medical advice. Consult a healthcare professional if symptoms of infection do not improve or worsen within 48 hours.

In some individuals, the solution may cause transient stinging, burning or irritation upon use, particularly during the initial days of treatment.

If any signs of an allergic reaction occur, discontinue use immediately and consult a healthcare professional.

Avoid spraying near the eyes or inhaling the spray.

Advice

Mechanical cleaning of the ear canal (for example, with cotton swabs) is not recommended, as it can cause micro-injuries that may become easily infected when exposed to contaminated water or dust.

Storage instructions

Store Otex Ear Relief Spray in its original packaging, in a dry and dark place, at room temperature up to 25°C. Keep the bottle upright, tightly closed and out of reach of children.

Shelf life: 3 years.

Shelf life after first opening: 60 days.

Packaging

Foldable cardboard box containing a plastic spray bottle with 30 ml of solution (approximately 220 doses), accompanied by the instructions for use of the medical device.

Ingredients

Each 1 ml of solution contains:

- 433.97 mg of isopropyl alcohol
- 22.83 mg of acetic acid
- 4.61 mg of d-panthenol

Solvent: purified water

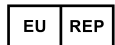
Preservative: benzalkonium chloride, 0.1 mg/ml

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30 ml e MD CE